



American, Cappuccino and Café de Olla traditional

B-Coffee

DIETARY SUPPLEMENT

WHAT IS IT?

Soluble coffee with natural ingredients.



FEATURES





1. Ibañez, G., Alvarez, M., Doria, F. (2015). , Durango, Durango, México.
2. Roncero, I. (2015). Propiedades nutricionales y saludables de los hongos. Centro Tecnológico de investigación del champiñón de La rioja. Pp:5-50.
3. Marín, C., Puerta, G.(2008). Contenido de ácidos clorogénicos en granos de coffea arabica y C. Canephora, según el desarrollo del fruto. Cenicafe 59(1):7-28
4. Stohs SJ, Preuss HG, Shara M. A review of the human clinical studies involving -Citrus aurantium (bitter orange) extract and its primary protoalkaloid p-synephrine. Int J Med Sci. 2012;9(7):527-38

KEY INGREDIENTS



AGAVE INULIN

It is a soluble fiber obtained from the agave plant. Soluble fiber regulates intestinal transit and reduces the pH of the colon. Considered as a natural prebiotic able to maintain the balance of the gut microbiota (1)



SHIITAKE MUSHROOM

It is a source of nutrients such as β -glucans, contains few calories and a satiating effect. Scientific evidence has reported that the shiitake mushroom contains substances that participate in the process of fat metabolism. (2)



GREEN COFFEE SEED EXTRACT

Contains chlorogenic acid, which can help lower cholesterol and triglyceride levels, as well as decrease body weight and visceral fat. (3-4)



BITTER ORANGE PEEL

Studies have shown that the bitter orange peel favors the increase of energy in the metabolism. (5)

SUGGESTED USE

Dissolve one sachet (10g) in a cup with water (240ml). It is recommended to consume 1 serving per day.